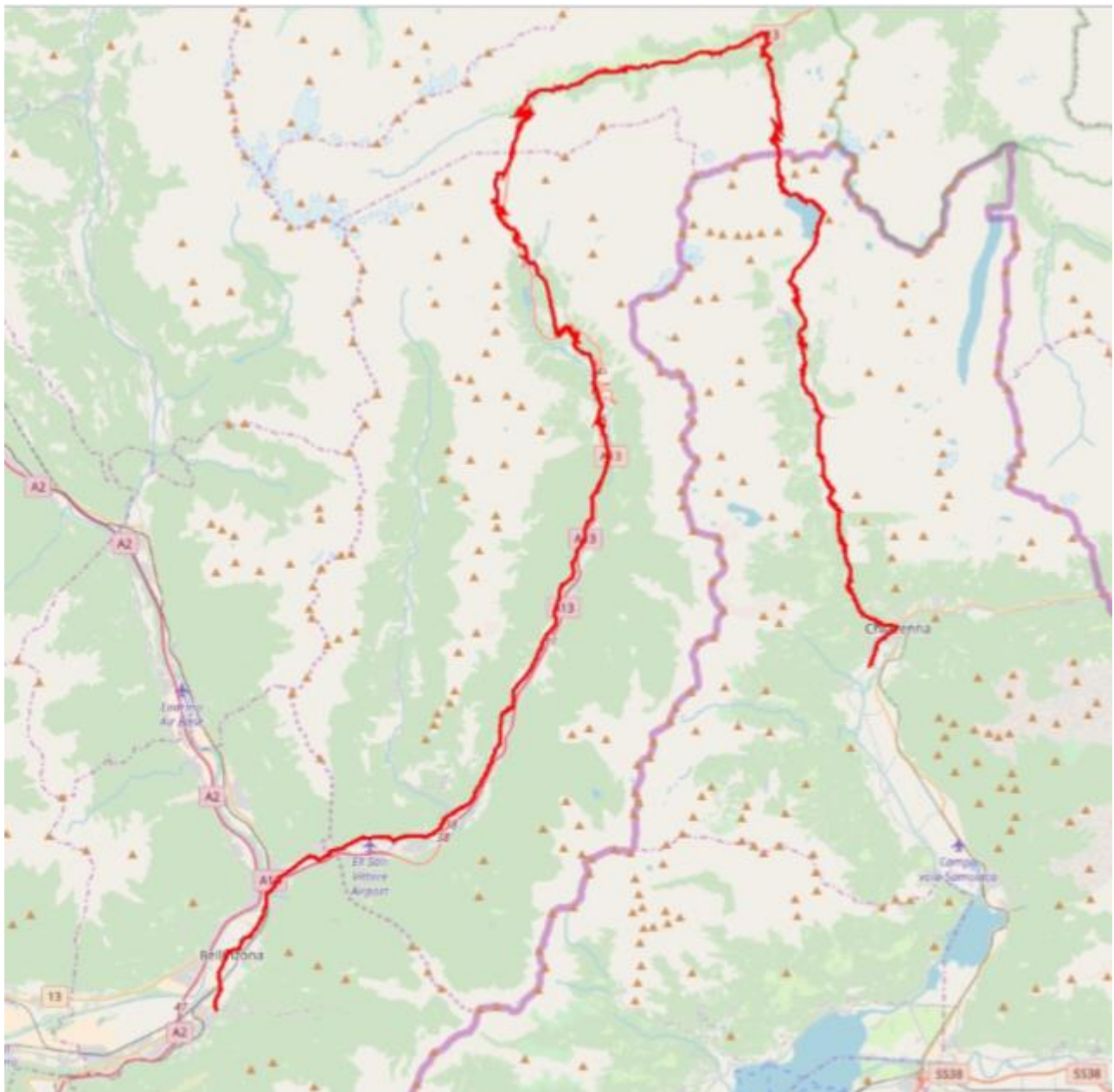
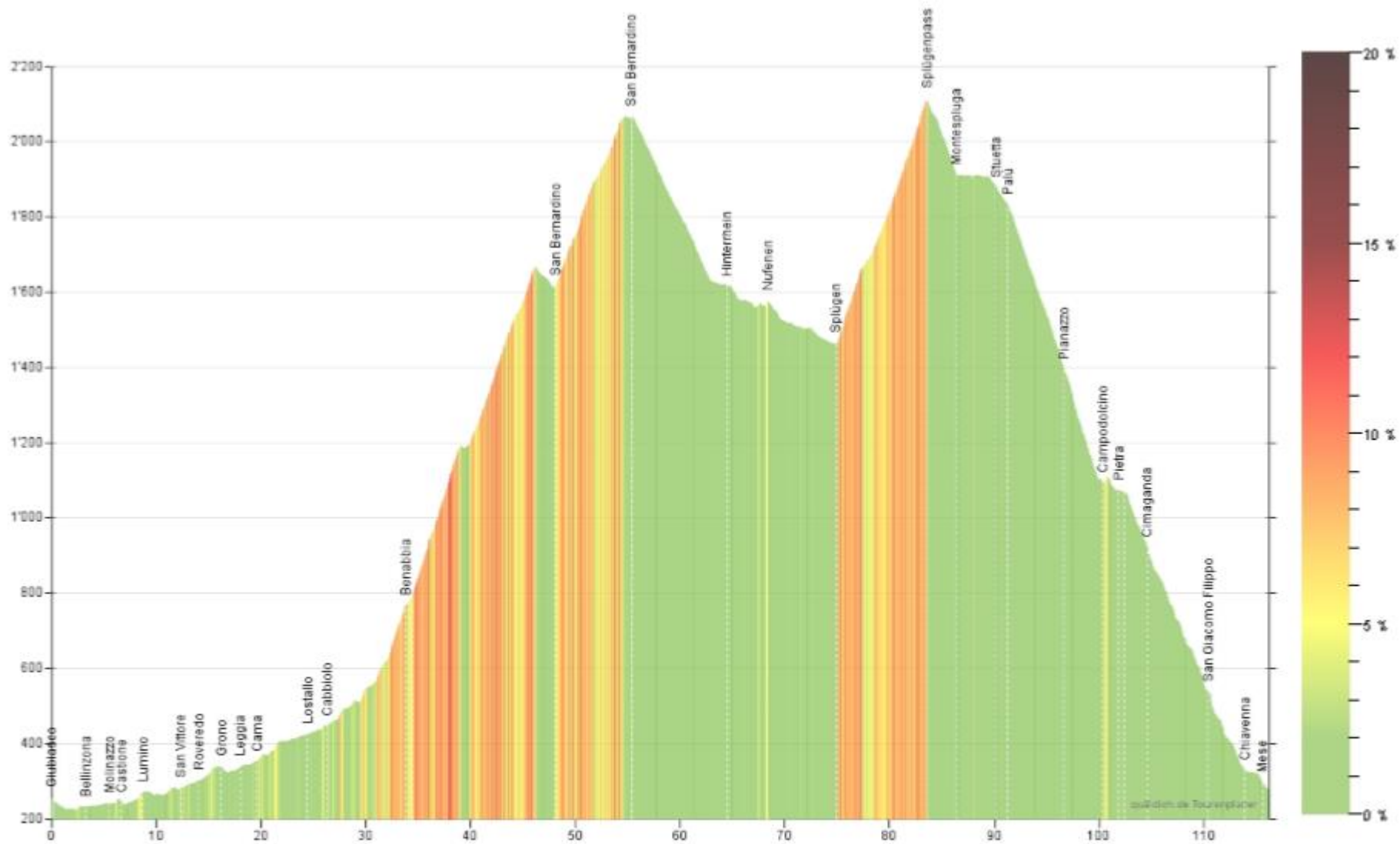


Etappe 7: Giubiasco - Mese

Ort	Kilometer	Höhe über Mehr	Höhenmeter kumuliert	Steigung	Zeit
Giubiasco	0,0	254	0		00:00:00
Molinazzo	5,5	239	26	0.4 %	00:13:18
Castione	6,7	240	39	0.1 %	00:16:19
Roveredo	14,1	301	126	1.2 %	00:36:36
Grono	16,2	337	165	1.7 %	00:43:10
Lostallo	24,4	424	271	1.5 %	01:06:29
Mesocoo	34,4	790	654		01:52:00
San Bernardino Dorf	48,1	1'616	1'556	6.0 %	03:25:44
San Bernardino Pass	55,4	2'065	2'023	6.2 %	04:12:45
Hinterrhein	64,5	1'614	2'026	-4.9 %	04:28:30
Nufenen	68,4	1'575	2'054	-1.0 %	04:37:37
Splügen	74,9	1'463	2'067	-1.7 %	04:51:29
Splügenpass	83,6	2'113	2'720	7.5 %	05:56:48
Stuetta	90,2	1'877	2'724	-0.9 %	06:09:48
Pianazzo	96,7	1'393	2'724	-8.2 %	06:19:32
Campodolcino	100,4	1'091	2'750	-8.2 %	06:25:08
Cimaganda	104,6	920	2'770	-6.8 %	06:33:45
San Giacomo Filippo	110,4	534	2'770	-6.6 %	06:42:58
Mese	116,2	276	2'770	-6.0 %	06:53:20





07 Bellinzona - Mese; 116.2 km; 2'770 Höhenmeter

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